

Foundations for Behavioral Change

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Teaching through Play

Teaching with Respect for Brain Development

Teaching with Simple Scripts

IDEAL Response

- Immediate: Launched within 3 seconds
- Direct: With proximity and eye contact
- Efficient : A measured response
- Action-based: Opportunity for a re-do
- LEVELED at the behavior not at the child!

Levels of Response:

- Level I – Playful Engagement
- Level II – Choices, Compromises, Redirection
- Level III – Think-it-Over, Time-In, Re-Do

Connected Discipline vs. Distancing Discipline

- Time-in vs. Time-outs
- Bringing the child closer vs. sending him away
- Resolution vs. Consequences
- Problem solving vs. Lectures & sermons
- Advocacy stance vs. Adversary stance
- Focus on the child's preciousness vs. Focus on failures

When it's Over . . .

- Connecting Strategies Outcomes
 - Corrected behavior
 - Contentment in caregiver and child
 - Connection between them is deepened
- Distancing Strategies Outcomes
 - Deferred behavior waiting to emerge later
 - Discontentment in caregiver and child
 - Disconnection between them is deepened

In Sum: Connected Children learn their strategies from Connected Caregivers.

