

# Trauma Competency Continuum

## *for Organizations & Communities*



### TRAUMA AWARE

**Objective:**  
Increase Awareness

Become aware of the need for trauma-informed care.

### TRAUMA SENSITIVE

**Objective:**  
Introduce Knowledge and Skills

Grow in knowledge and skills while exploring the principles of trauma-informed care and how trauma impacts children and families.

### TRAUMA RESPONSIVE

**Objective:**  
Implement Change

Implement trauma-informed principles and practices individually and organizationally.

### TRAUMA INFORMED

**Objective:**  
Integrate Practices

Fully integrate trauma-informed principles and practices into the culture of a family and/or organization.

*Phase language (i.e. trauma aware) is adopted from Missouri Department of Health and Partners (2014). Missouri Model: A developmental framework for trauma-informed.*