



Connecting Practices



BE CURIOUS

- Be Mindful of History
- Be Mindful of Attachment
- Be Mindful of Why



BALANCE NURTURE & STRUCTURE

- Use Nurture to Cultivate Trust
- Use Structure to Cultivate Growth
- Use Routines and Rituals



MEET NEEDS

- Meet Emotional Needs
- Meet Physical Needs
- Meet Sensory Processing Needs



USE SCAFFOLDING

- Set Appropriate Expectations
- Support Skill Building
- Practice Outside the Moment



TAKE PLAY SERIOUSLY

- Play to Connect
- Play to Cultivate Growth
- Play to Redirect



BE PRESENT

- Be Physically Present
- Be Emotionally Present
- Be Attuned



RESPOND THOUGHTFULLY

- Practice the Pause
- Use Communication Thoughtfully
- Use the Appropriate Redirection



GIVE VOICE

- Share Power
- Offer Choices
- Offer Compromises



REPAIR, REFLECT, READJUST

- Repair After a Rupture
- Reflect After an Interaction
- Readjust Expectations and Supports